

BHCS is pleased to offer a FREE training on:
EATING DISORDERS OR DISORDERED EATING

Wednesday, February 26, 2020

9:00 am–12:30 pm

Juvenile Justice Center, Guidance Clinic

2500 Fairmont Drive, San Leandro, Suite C1011

(Registration begins at 8:30 am; Training starts promptly at 9:00 am.

Bring your lunch if needed as no lunch break will be given)

Parking: Limited metered parking is available near the main lot near the entrance.

A free overflow lot is located at the bottom of the hill.

Public Transportation: The nearest BART station is Bay Fair. Alameda County runs a free shuttle from the station to the Juvenile Justice Center.

Audience: Alameda County ACBH outpatient clinicians (county, CBO, Network) who work directly with clients who exhibit signs & symptoms of Eating Disorders are highly encouraged to attend.

Description: This three-and-a-half hour training is designed for outpatient clinicians who wish to better understand how to assess and treat eating disorders.

- Red flags and warning signs of eating disorders
- Assessment tools & engaging the family in assessment & treatment
- Developing a multi-disciplinary treatment team approach
- How to know when higher level of care is needed
- Treatment goals & Evidenced-based treatments

Learning Objectives – at the end of the training, participants will be able to:

1. Identify 3 common warning signs in Anorexia Nervosa, Bulimia Nervosa, and Binge Eating Disorder.
2. Identify 2 topics to cover when assessing eating problems.
3. Develop 2 strategies to engage family members and identify the importance of working with a multi-disciplinary team.
4. Describe 3 treatment goals for eating problems & identify when to refer to higher level of care.

Trainer: Helen Savin, LCSW, has worked in the field of eating disorders since 1995. She is currently the Alameda County BHCS Eating Disorder Consultant and provides eating disorder treatment to clients and families in Alameda and Contra Costas counties.

Do you have a *reasonable accommodation request or training-related grievance* for a BHCS-hosted training? Please contact: Training.Unit@acgov.org and “cc” the contact person on this flyer.

Grievance policy: [ACBHCS Trainings](#)

REGISTRATION:

Please register online at:
<http://alameda.netkeepers.com>

For registration help contact

Stephanie Cardenas at:

Training.Unit@acgov.org

Ph: 510-567-8113

When emailing, include training Date and Title in Subject Line.

For other information about this training contact

Jennifer Ling at:

EDCoordinator@acgov.org

Continuing Education:

*This course meets the qualifications for 3 hours of continuing education credit for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040; for **Addiction***

Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0620; for **LMFTs, LCSWs, LPCCs,

***and/or LEPs** as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is*

approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training,

Provider No 65749. ACBHCS maintains responsibility for this program/course and its content.

Please note: in order to receive CE credit, it is the participant’s responsibility to attend the full training, sign in, sign out, and turn in a completed evaluation.

CE Certificates will be sent to qualifying training participants via email within 30 days after the training.